



DAS B.E.C.E. PERFORMANCE BOOSTER

BASIC EDUCATION CERTIFICATE MOCK

2&1

SEPT

BDT (HOME ECONOMICS)

2HRS

NAME _____ **INDEX NO** _____

PAPER 2
PART 1 COMPULSORY 20 MARKS

1(a). Briefly explain the following methods of cooking and give one example of food prepared by each method

i. Frying _____

ii. Baking _____

iii. Steaming _____

3marks

(b). State four reasons for cooking food

2marks

(c). Draw the following solid figures

i. square prism

ii. Triangular prism

iii. Square pyramid

3marks

(d). Give three reasons why we must carry out proper investigation after analysis of a problem

3marks

(e)i. Mention four principles of design

4marks

(ii) list four element of design

4marks

(f)i. What is design brief?

1mark

ii. Give two reasons for carrying out preliminary design

2marks

PART TWO

CHOOSE ONLY **TWO** QUESTIONS FROMTHIS PART

2a. State four causes of kitchen accidents

4marks

b. Give four ways of preventing kitchen accident

8marks

c. (i) outline four points to be considered when choosing materials for sewing

8marks

(ii) Define food spoilage

2marks

(iii) Identify three causes of food spoilage

-3marks

3a. List two textile fibres obtained from both plants and animals

4marks

b. Give four ways to care for different fabrics

8marks

c. (i) list four catering tools and their uses

8marks

(ii) Define food

2marks

(iii) Identify three functions of food nutrients

-3marks

4a. List four examples each of large equipment and tools in catering

4marks

b. Give four ways of preserving food

8marks

c. (i) State four points to be considered when buying catering equipment

8marks

(ii) Mention two reasons to stay healthy as a caterer

2marks

(iii) List three deficiency diseases

3marks

PAPER 1

ANSWER ALL QUESTIONS

1. The biggest amount of our body weight comes from
 - a. Fat
 - b. water
 - c. Vitamins
 - d. Protein
2. Which of the following can cause weakness in house furniture?
 - a. Lack of electricity in the house
 - b. Regular use of furniture
 - c. Missing nail
 - d. Type of wood
3. One disadvantage of partnership business is
 - a. It is difficult to raise capital
 - b. It is easy to raise capital
 - c. Profit goes to one person
 - d. Conflict in sharing profit
4. Another name for colour is
 - a. Pigment
 - b. Shade
 - c. Tint
 - d. Tone
5. Anaemia is a deficiency of
 - a. Vitamin d
 - b. Vitamin b12
 - c. Vitamin e
 - d. Vitamin c
6. The process involved in gathering information about a problem identified is termed.....
 - a. Analysis
 - b. Idea generation
 - c. Specification
 - d. Investigation
7. Which of these is not commonly associated with green colour in our society?
 - a. Puberty
 - b. Vegetation
 - c. Violence
 - d. Freshness
8. The open or plain seam is an example of
 - a. Conspicuous seam
 - b. Inconspicuous seam
 - c. Overlaid seam
 - d. Double stitched seam
9. Which of the following vitamins can be lost by cooking?
 - a. Vitamins c
 - b. Vitamins a
 - c. Vitamins b
 - d. Vitamins b₂
10. When white light passes through a prism
 - a. Secondary colour is obtained
 - b. Eight colours are obtained
 - c. Seven colours are obtained
 - d. Primary colours are obtained
11. In designing a guide to follow to solve the problem is
 - a. Design process
 - b. Design brief
 - c. Situation
 - d. Analysis
12. Which of the following provides financial assistance to enterprises?
 - a. Post office
 - b. Banks
 - c. Churches
 - d. Schools
13. When the left and the right side of a design appear to be equal, it is said to be
 - a. Rythimatic
 - b. Contrasting
 - c. Proportional
 - d. Balance
14. Chalk is rubbed on the file teeth in order to
 - a. Sharpen the file
 - b. Decrease function
 - c. Prevent pinning
 - d. Promote function
15. A burnt brick is usually made from
 - a. Mortar
 - b. Clay

- c. Lime
- d. Cement

16. The pinking shears is useful for

- A. cutting out motifs
- B. cutting out pattern pieces
- C. neatening seams
- D. trimming turnings

17. A stiletto is used for

- A. cutting buttonholes
- B. darning
- C. patching
- D. punching eyelet holes

18. Corduroy is a fabric produced from

- A. cotton fibres
- B. linen fibres
- C. silk fibres
- D. woollen fibres

19. The most suitable seam for making a boy's jeans is

- A. double-stitched seam
- B. dressmaker's seam
- C. French seam
- D. overlaid seam

20. The amount of fabric needed to make a six year old girl's uniform is determined by

- A. her height
- B. her size
- C. the school she attends
- D. the width of fabric

21. Tapes are used as fastenings on garments for

- A. babies
- B. school children
- C. teenagers
- D. the aged

22. The main purpose of repairing a garment is to

- A. alter the style
- B. beautify it
- C. prevent waste
- D. prolong its lifespan

23. The most appropriate equipment used in draining off fat when frying fish on a large scale

- A. cane basket
- B. colander
- C. metal sieve
- D. strainer

24. Scalds are caused by

- A. dry heat
- B. shocks
- C. suffocation
- D. wet heat

25. In Ghana, for easy transportation and marketing, fresh fish is often preserved by

- A. canning
- B. drying
- C. pickling
- D. smoking

26. Peeled banana left in the open changes colour due to

- A. activities of yeast
- B. enzyme action
- C. fermentation
- D. oxidation

27. Dishes cooked by poaching and steaming are

- A. easily digested
- B. easy to handle
- C. very attractive
- D. very palatable

28. is a method of cooking in which the heat gets to food directly.

- A. Baking
- B. Boiling
- C. Grilling
- D. Stewing

29. A set of menu forming a complete meal at a set price is termed

- A. a la carte
- B. ethnic menu
- C. special party menu
- D. table d'hote

30. The advantage of taking breakfast is that it
- A. helps to keep the body warm
 - B. helps one to perform physical activities better
 - C. makes meals more appetizing
 - D. makes meals more nutritious

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